

# Brazilian Jiu Jitsu Seminar



with  
**Roy Harris**

(USA, 3rd degree black belt)



*Schedule:* **2-day BJJ seminar** on September 30th and October 1st 2006.  
Price: 795 NOK for both days or 495 NOK for one day.

**5-day Grappling Instructors Course** on October 2nd through October 6th 2006. Price: 500 USD.

*Harris will also be available for **private lessons** while in Trondheim.*

*Location:* Trondheim Kampsportsenter. Reina 8, 7014 Trondheim. Norway.

*Contact:* For more information about the seminar, how to register, hotel deals, directions or how to apply for the Instructors Course please contact seminar host Per Chr. Andresen. Also, please visit [www.royharris.com](http://www.royharris.com) and [www.trondheim-bjj.no](http://www.trondheim-bjj.no) for more info.

*Phone:* +47-45428964.

*E-mail:* perca@broadpark.no

**The courses are filling up quickly, so register now!!!**